

SAINT GEORGE

ANTIOCHIAN ORTHODOX CHURCH

A parish of the Antiochian Orthodox Christian Archdiocese of North America 1118-1122 Cherry Ave. N.E. Canton, Ohio 44704 - 1036

His Beatitude Patriarch JOHN X, Patriarch of Antioch and all the East
His Eminence Metropolitan SABA, Archbishop of New York and Metropolitan of all North America
The Very Reverend Father Michael Corbin, Pastor
The Very Reverend Father Basil Shaheen

Saturday Vespers: 5:00 PM (Confessions following Saturday Vespers or by appointment)
Sunday: Matins 9:00 AM Divine Liturgy 10:00 AM

Welcome Visitors

Thank you for coming and praying with us today. In the Orthodox Church, Holy Communion is reserved for Orthodox Christians who have prepared themselves through prayer, fasting and regular confession. Please let the greeter know that you are visiting so that Fr. Michael can properly welcome you at the end of the Liturgy. As the faithful receive a final blessing, you may also venerate the blessing cross and receive a piece of the blessed bread. We look forward to seeing you again and encourage you to learn more about the Orthodox Faith. We have regular Catechism classes and we always welcome new inquirers and seekers.

Prayer on entering the Church

I will come into thy house in the multitude of thy mercy; I will worship toward thy holy temple in fear of thee. O Lord, guide me in the way of thy righteousness; because of mine enemies, make straight my way before thee, that with a clear mind I may glorify thee forever, One Godhead worshipped in three Persons: Father, Son, and Holy Spirit. Amen.

Reminders on entering the Church

Our focus upon entering the church is to direct ourselves (mind, body, heart and soul) to worshiping God and praying together as the body of Christ. Please refrain from conversations in the church that can distract us from prayer, including as we enter and leave. Friendly Reminders: Let us remember to be on time and arrive before the Liturgy begins. We should dress respectfully and modestly. Also, please don't forget to turn off your cell phones.

Glory to Jesus Christ! Glory Forever!

SUNDAY, SEPTEMBER 22, 2024

THIRTEENTH SUNDAY AFTER PENTECOST & FIRST SUNDAY OF LUKE

HIEROMARTYR PHOCAS, BISHOP OF SINOPE: APOSTLE QUADRATOS OF THE SEVENTY: MARTYR PHOCAS THE GARDENER

Holy bread offered by: Julia Shaheen for the health of Dawn, Julia, Dr. Nicholas, Julie & Family, Sophia Shaheen In memory of: Nicholas H. Shaheen, Jr.

Holy bread offered by: Abou-Ghanam Family for the health of Youssef, Samira, Huda, Abou-Ghanam Family, Aliyas Family, Shaera Family.

In memory of: Nasoh Aboud, Makouhl and Yasmen.

PRAYERS OFFERED AT THE TABLE OF OBLATION

For the health and salvation of: Sister Photini, Noreen AbouZakhim, Youssef Abou-Ghanam, Elias Abuzakhm, Karam Alkaied, Dominic Alleman, Henri Alzught, Ian Bertram, Carol Boord, Frank Cassidy, Joseph Paul Cervo, Jr., Scott Clatterbuck, Foumia Daoud, Milia Durkin, Joyce Esber, Takla Farah, Connie Garcia, Vicky Gash, Mimi Hardgrove, Dyame Aguirre Herrera, Rick Huggett, Zella Kanam, Mary Ann Kannam, Jan Kattouf, Julia Kousiry, Helen Leonhardt, Shane McKinney, Bea McPherson, George Michael, Christ Panopoulos, Cathy Ross, Frank Sadosky, Jr., David Saleeba, Emily Saliba, Sue Saliba, Charlotte Shaheen, Dawn Shaheen (Roselane), George Shaheen, Sylvia Shaheen, Nahe Shaheen, Paul Shaheen, Peggy Shaheen, Penny Shaheen, Sally Shaheen, Carol Szostak, Jennifer Szostak Hudson, James and Jeanette Tomey (Bethany), Shafik Zakham, Sonny Zeen, Alex Zenedes.

Armed Forces: Justin Rowley, Austin Shaheen **Police:** Michael Ataya, Patrick Kelly, Timothy Wires. In memory of: Archbishop +MICHAEL, Leyouni Haddad, Margaret Abraham, Nasoh Aboud.

Trisagion Service: Nasoh Aboud

Before Lining up for Holy Communion

We are now using ushers to have a more organized and reverent line for Holy Communion.

Please wait until the usher releases your pew to proceed into the line.

Also, while we welcome all our visitors, please note that Holy Communion is only for Orthodox Christians who are prepared to receive today and are at least present before the epistle and gospel are read.

Sunday School & Adult Education Class will come to receive a blessing at the end of Liturgy and go to class.

Coffee Hour in the Social Hall sponsored by the Ladies of St. George

Our prayers and condolences to Youssef, Huda, Samira and the Abou-Ghanam family on the recent passing of their great-nephew Nasoh Aboud. Memory Eternal!

Are you interested in learning more about our faith?

You are welcome to join our Catechism class.

Catechism Class Next Catechism class....Monday, September 30, 6-7:30

WEEKLY BIBLE STUDY 11 AM - 12 PM IN THE LIBRARY

BIBLE STUDY

Troparion of the Resurrection - Tone 4

Having learned the joyful message of the Resurrection from the angel the women disciples of the Lord cast from them their parental condemnation. And proudly broke the news to the Disciples, saying: Death hath been spoiled; Christ God is risen, granting the world Great Mercy.

إِنَّ تِلْميذاتِ الرَّبِّ تَعَلَّمْنَ مِنَ المَلاكِ الكَرْزَ بالقيامَةِ البَهِج، وطَرَحْنَ القَضاءَ الجَدِّيَّ، وخاطَبْنَ الرُّسُلَ مُفْتَخِراتٍ وقائِلاتِ: سُبى المَوْتُ وقامَ المَسيحُ الإلهُ، ومَنَحَ العالَمَ الرَّحْمَةَ العُظْمى.

Troparion for St. Phocas of Sinope - Tone 4

By choosing the Apostles' way of life, thou hast succeeded to their throne. Inspired by God, thou didst find the way to divine contemplation through the practice of virtue. After teaching the Word of Truth without error, thou didst defend the Faith to the very shedding of thy blood, O Holy Martyr among bishops Phocas.

Entreat the Lord our God to save our souls. صِرْتَ مُشابِهاً لِلْرُسُلِ في أَحْوالِهِمْ، وخَليفَةً في كَراسيهِمْ، فَوَجَدْتَ بالعَمَلِ المَرْقاةَ إلى التَّاورِيّا أَيُّها اللاهِجُ بالله. لِذلكَ تَتَبَّعْتَ كَلِمَةَ الْحَقّ بِاستِقامَةٍ، وجاهَدْتَ عَنِ الإِيمانِ حَتّى الدَّم، أَيُّها الشَّهيدُ في رؤساءِ الكَهَنَةِ فوقا.

فَتَشَفَّعْ إلى المَسيحِ الإِلهِ في خَلاصِ نُفوسِنا.

<u>Troparion of St. George - Tone 4</u>

As deliverer of captives and defender of the poor, healer of the infirm, champion of kings. Victorious Great Martyr George, intercede with Christ our God for our souls salvation.

بما أنَّكَ للمأسُورينَ مُحَرِّرٌ ومُعتِقٌ، وللفُقَراءِ والمَسَاكينِ عاضِدٌ ونَاصِرٌ وللمَرضَى طبيبٌ وشَافٍ وعنِ المؤمِنينَ مُكافِحٌ ومُحَارِبٌ أيها العظيمُ في الشُهداءِ جاورجيوسُ اللآبِسُ الظَفَر تَشَفَّع إلى المسيحِ الإلهِ في خَلاصِ مُكافِحٌ ومُحَارِبٌ أيها العظيمُ في الشُهداءِ خاورجيوسُ اللآبِسُ الظَفَر تَشَفَّع إلى المسيحِ الإلهِ في خَلاصِ ثُفُوسنا.

Kontakion - Tone 2

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant,
O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect,
O Theotokos, them that honor thee.

يا شَفيعَةَ المَسيحيينَ غَيْرَ الخازِيَة، الوَسيطَةَ لَدَى الخالِقِ غَيْرَ المَرْدُودة، لا تُعْرِضِي عَنْ أَصُواتِ طَلِبَاتِنا نحْنُ الخَطَأَة، بَلْ تَدارَكينا بالمَعونَةِ بِما أَنَّكِ صالِحَة، نحْنُ الصارِخِينَ إليْكِ بإيمانٍ: بادِرِي إلَى الشَفاعَةِ وأُسْرِعِي في الخَطَأَة، بَلْ تَدارَكينا بالمَعونَةِ بِما أَنَّكِ صالِحَة، لالله، المُتَشَفِّعَةَ دائمًا بمُكرّميك.

THE EPISTLE

O Lord, how marvelous are Thy works. In wisdom hast Thou made them all.

Bless the Lord, O my soul!

The Reading from the First Epistle of St. Paul to the Corinthians. (16:13-24)

Brethren, be watchful, stand firm in your faith, be courageous, and be strong. Let all that you do be done in love. Now, brethren, you know that the household of Stephanas were the first converts in Achaia, and they have devoted themselves to the service of the saints; I urge you to be subject to such men and to every fellow worker and

devoted themselves to the service of the saints; I urge you to be subject to such men and to every fellow worker and laborer. I rejoice at the coming of Stephanas and Fortunatus and Achaicus, because they have made up for your absence; for they refreshed my spirit as well as yours. Give recognition to such men. The churches of Asia send greetings. Aquila and Prisca, together with the church in their house, send you hearty greetings in the Lord. All the brethren send greetings. Greet one another with a holy kiss. I, Paul, write this greeting with my own hand. If anyone has no love for the Lord, let him be accursed. Our Lord, come! The grace of the Lord Jesus be with you. My love be with you all in Christ Jesus. Amen.

THE GOSPEL

The Reading from the Holy Gospel according to St. Luke. (5:1-11) At that time, Jesus was standing by the lake of Gennesaret. And He saw two boats by the lake; but the

fishermen had gone out of them and were washing their nets. Getting into one of the boats, which was Simon's, Jesus asked him to put out a little from the land. And He sat down and taught the people from the boat. And when Jesus had finished speaking, He said to Simon, "Put out into the deep and let down your nets for a catch." And Simon answered, "Master, we toiled all night and took nothing! But at Thy word I will let down the nets." And when they had done this, they enclosed a great shoal of fish; and as their nets were breaking, they beckoned to their partners in the other boat to come and help them. And they came and filled both the boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus' knees, saying, "Depart from me, for I am a sinful man, O Lord." For he was astonished, and all that were with him, at the catch of fish, which they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. And Jesus said to Simon, "Do not be afraid; henceforth you will be catching men." And when they had brought their boats to land, they left everything and

THE SYNAXARION

followed Him.

On September 22 in the Holy Orthodox Church, we commemorate the Holy Hieromartyr Phocas, bishop and wonderworker of Sinope, who was perfected in martyrdom by being terribly burned in a bath-house in the reign of Trajan.

Verses

O Phocas, receive thou the all-cleansing laver, for it is laver of contest, not of washing.

On the twenty-second the bath received Phocas within.

As bishop in his birthplace, the town of Sinope on the Black Sea, Phocas strengthened the faith of the true believers

and converted many idol-worshipers to the true Faith. This enraged the hard-hearted pagans. In a vision from the Lord, Phocas saw a white dove fly down from heaven carrying a wreath of flowers in its beak, and lowered it onto his head. And Phocas heard a voice, saying: "Your cup is full and you should drink it!" With gratitude toward God he prepared himself for suffering. The torturers beat and wounded his whole body, and then threw Phocas into boiling water. Phocas entered into the joy of his Lord in 102. His companion, the Martyr Phocas the Gardener, whom we also commemorate today, suffered for Christ on this day in 120.

On this day, we also commemorate the Apostle Quadratos of Magnesia of the Seventy. By the intercessions of Thy Saints, O Christ God, have mercy upon us. Amen.

الرسالة

ما أعظَمَ أعمالَكَ يا رَبُّ كُلُّها بحِكْمَةٍ صَنَعْتَ.

باركي يا نَفْسي الرَّب.

فصلٌ مِنْ رسالةِ القدّيس بولُسَ الرَسولِ الأولى إلى أهْلِ كوربْثوس.

يا إخْوَةُ، إِسْهَرُوا، أَثْبُتُوا عَلَى الإِيمَانِ، كُونُوا رِجَالاً، تَشَدُّدُوا. وَلْتَكُنْ أَمُورُكُمْ كُلُّهَا بِالْمَحَبَّةِ. وأطلُبُ إِلَيْكُمْ

أَيُّهَا الإِخْوَةُ: تعرِفُونَ أنَّ بيتَ إستفاناسَ هُمْ بَاكُورَةُ أَخَائِيَةَ وَقَدْ خَصَّصوا أَنفُسَهُمْ لِخدمَةِ القِدّيسِينِ. فعلَيْكُمْ، أَنْ تَخْضَعُوا أَنْتُمْ أَيْضًا لِمِثْلِ هؤلاءِ ولِكُلِّ مَنْ يُعَاوِنُ ويَتْعَبُ. إِنِّي فَرحٌ بِحُضُورِ إستِفاناسَ

وفُرْتوناتوسَ وَأَخَائِكُوسَ فَقَدْ قامُوا مَقَامَكُمْ في غِيابِكُمْ، فأَرَاحُوا رُوحِي وَأَرْوَاحَكُمْ. فَقَدِّرُوا أَمثَالَهُمْ. تُسلِّمُ علَيْكُمْ كَنَائِسُ آسِيَةَ. يُسَلِّمُ عَلَيْكُمْ فِي الربِّ كَثِيرًا أَكِيلا وبرِسِكْلَّةُ والكَنِيسَةُ الَّتِي فِي بَيْتِهِما. يُسَلِّم عَلَيْكُمْ جَمِيعُ الإِخْوَةِ. سَلِّمُوا بَعْضُكُمْ عَلَى بَعْضِ بِقُبْلَةٍ مُقَدَّسَة. الْسَلَامُ بِيَدِي أَنَا بُولُسَ. إِنْ كَانَ أَحَدٌ لاَ يُحِبُّ رَبَّنا يَسُوعَ المَسِيحَ فَلْيَكُنْ مَفْرُوزًا. مَارَان أَثَا. نِعْمَةُ رِبِّنَا يسُوعَ المَسيِحِ مَعَكُمْ. مَحَبَّتِي لَكُمْ جَمِيعًا فِي

المَسيِح يسُوعَ. أمين.

<u>الإنجيل</u>

فصلٌ شَريفٌ مِنْ بِشارَةِ القِدّيسِ لوقا الإِنْجيلِيّ البَشيرِ والتلْميذِ الطاهِر.

في ذلكَ الزَمان، فيما يَسوعُ واقِفٌ عندَ بُحَيْرَة جَنّيسارَت، رأى سَفينَتَيْن واقِفَتَيْن عِنْدَ شاطِئ البُحَيْرة، وقَدِ انْحَدَرَ مِنْهُما الصيَّادونَ يَغْسِلونَ الشِّبَاكَ. فَدَخَلَ إحدى السَّفِينَتَيْن، وكانَتْ لِسِمْعانَ، وسَأَلُهُ أَنْ يَتَبَاعَدَ

قَليلاً عَنِ البَرِّ، وجَلَسَ يُعَلِّمُ الجُموعَ مِنَ السَفينَةِ. ولِمَّا فَرَغَ مِنَ الكلام، قالَ لِسِمْعانَ: "تَقَدَّمْ إلى العُمْقِ وأَلْقُوا شِبَاكَكُمْ لِلْصَيْدِ." فَأَجابَ سِمْعانُ وقالَ لَهُ: "يا مُعَلِّمُ، إنَّا قَدْ تَعِبْنا الليلَ كُلَّهُ وَلَمْ نُصِبْ شَيْئاً، ولَكِنْ

بِكَلِمَتِكَ أَلْقَى الشَبكةَ." فَلَمَّا فَعَلوا ذلكَ، احْتازوا مِنَ السَّمَكِ شَيْئاً كَثيراً حَتَّى تَخَرَّقَتْ شَبَكَتُهُمْ. فأشاروا إلى شُرَكائِهِمْ في السَفينَةِ الأُخرى أنْ يَأْتوا ويُعاوِنوهُم. فَأَتَوا ومَلَأُوا السَفينَتَيْنِ حَتَّى كادَتا تَغْرَقانِ. فَلَمَّا رأى ذلِكَ سِمْعانُ بُطْرُسُ، خَرَّ عِنْدَ رُكْبَتَيْ يَسوعَ قائِلاً: "أَخْرُجْ عَني يا رَبُّ، فإنّي رَجُلٌ خاطِئّ." لأنَّ

الإنْذِهالَ اعْتَراهُ هُوَ وِكُلَّ مَنْ مَعَهُ لِصَيْدِ السَّمَكِ الذي أصابوهُ. وكَذَلِكَ يَعْقُوبُ وبوحَنَّا ابْنا زَبَدي اللذان كانا رَفيقَيْنِ لِسِمْعان. فقالَ يَسوعُ لِسِمْعانَ: "لا تَخَفْ، فإنَّكَ مِنَ الآنَ تكونُ صَيَّاداً لِلْناس." فَلَمَّا بَلغُوا بالسفِينَتَيْنِ إلى البَرِّ، تَرَكُوا كُلَّ شَيْءٍ وتَبِعُوه.



This years theme: Sunday School and Adult Education classes will be focusing on "Salvation to the Ends of the Earth" lessons from the Gospel of St. Luke and the Acts of the Apostles.

*anyone able/willing to be on our roster as a substitute when needed, please contact Sarah Joseph

Looking Ahead Next Volunteer Day at the Food Bank 10/21 (9-11:30am)



Midwest Basketball Tournament November 8-10, 2024

Division I: Ages 12-15 / Division II: Ages 15-18 / Division III: Ages 19+

Friday, November 8 (Hyatt Place Hotel)

7 pm: Registration begins (Hotel Lobby)

8 pm: Pizza (Registration area)

8:30 pm: Discussion and Games (Meeting Room)

Saturday, November 9

7 am -10 am: Breakfast available at Hotel

8 am: Basketball Tournament begins (at Basketball locations)

12 pm: Lunch (at Basketball locations)

6 pm: Great Vespers (St. George)

7 pm: Banquet/Awards Presentation/Hafli (St. George)

Sunday, November 10 (St. George)

8:45 am: Matins

10 am: Divine Liturgy

Brunch and Farewell

St. George Antiochian Orthodox Church 1118 Cherry Ave. NE Canton, OH 44704 330-455-8482

stgeorgecanton@sbcglobal.net

Hotel Information: Hyatt Place 5421 Whipple Ave. NW Canton, OH 44720 330-244-1700 Group Rate: \$139/night (mention St. George Basketball) Our block of rooms will be reserved for us until Oct. 8.

Early Registration: \$50 (by November 1) Registration: \$60

(Includes all meals and events)

Secondary Hotel Information: Courtyard by Marriottt 4375 Metro Circle NW Canton, OH 44720 330-494-6494 Group Rate: \$114/night (mention St. George Basketball) Our block of rooms will be reserved for us until Oct. 9 Click here to reserve your room online.



MIDWEST DIOCESE FAMILY FALL GATHERING ST. NICHOLAS CHURCH, GRAND RAPIDS, MI

> OCTOBER 18-20, 2024 (stnicholasgr.com/fall-gathering/)

> > Sunday, November 17, 2024

The Stark County Orthodox Clergy Brotherhood invites you to an Orthodox documentary double feature

"AMPHILOCHIOS; SAINT OF PATMOS" "SACRED ALASKA"

Canton Palace Theatre

SUNDAY SCHOOL FALL OUTING

RAMSEYER FARMS 4000 Ramsever Lane, Wooster, OH 44691

October 6, 2-7 pm (Sunday hours at the farm, 1-7 pm)

Tickets are preordered so RSVP to Maiy Carneal by October 1st.

Group picture at 4 p.m. Campfire snacks

Basketball Practices, Every Other Wednesday, (9/25, 10/9, 10/23) 6:30-8 pm Welcome boys and girls ages 12 + as we prepare for the basketball tournament.

SERVICES / EVENTS

Sunday, September 22: Matins 9am; Divine Liturgy 10am Teen Soyo

meeting after Sunday School

Monday, September 23: St. Thekla Matins 5:30pm; Divine Liturgy 6:30pm Wednesday, September 25: Bible Study, 11am, Library ("Watchfulness-

> Basketball Practice, 6:30-8pm Nepsis")

Thursday, September 26: Food Ministry, 9am

Friday, September 27: Paraklesis, 6:30pm

Saturday, September 28: Great Vespers 5pm

Sunday, September 29: Matins 9am; Divine Liturgy 10am

Monday, September 30: Catechism Class, 6-7:30pm in the Library

Wednesday, October 2: Bible Study, 11am, Library

Friday, October 4: Paraklesis, 6:30pm

Saturday, October 5: Great Vespers 5pm

Sunday, October 6: Matins 9am; Divine Liturgy 10am

Wednesday, October 9: Bible Study, 11am, Library

Basketball Practice, 6:30-8pm

HOLY BREAD/COFFEE HOUR

September 29

Holy Bread & Coffee Hour Aida Shaheen

October 6

Holy Bread & Coffee Hour Melia Michael

October 13

Holy Bread & Coffee Hour Sponsor needed

October 20

Holy Bread & Coffee Hour Sponsor needed

October 27

Holy Bread & Coffee Hour Sponsor needed

Teen Discussion

with Fr. Michael at the Corbin's Home.

Sunday, October 13 at 6:30 pm

1599 Bellview St. NE. Canton, Ohio 44721

There will be pizza and snacks. Parents are welcome to stay.

> Please RSVP to Fr. Michael or Kh. Mira

OHIO MARCH FOR LIFE

(Sponsored by Right to Life of Stark County) Friday, October 4, 2024 Cost \$15 person.

Depart from Central Catholic High School at 8 am, Arrive at Ohio State Capitol Square after 10 am. Depart 2:30-3pm Arrive in

Canton after 5 pm. Bring a sack lunch. Bottled water, fruit, chips and cookies will be provided. To reserve your seat please send a check payable to Right to Life of Stark County

Mail to:

RTL of Stark Co., 2960 Carlton St NW N Canton, Ohio 44720 Please include your name, phone number, email so your reservation can be confirmed.

St. George Antiochian Orthodox Church

Church Office Phone: 330-455-8482

Office Hours: Monday through Friday - 9 AM to 1 PM Fr. Michael Corbin

Email: stgeorgecanton@sbcglobal.net Website: stgeorgecanton.com



Online Stewardship



Online Memorial Form

http://www.stgeorgecanton.com/stewardship.html

THE CREED

I believe in one God, the Father Almighty, Maker of heaven and earth, and of all things visible and invisible. And in one Lord, Jesus Christ, the Son of God, the Only-begotten, Begotten of the Father before all worlds, Light of Light, Very God of Very God, Begotten, not made; of one essence with the Father, by Whom all things were made: Who for us men and for our salvation came down from heaven, and was incarnate of the Holy

were made: Who for us men and for our salvation came down from heaven, and was incarnate of the Holy Spirit and the Virgin Mary, and became man. And was crucified also for us under Pontius Pilate, and suffered and was buried. And on the third day He rose again, according to the Scriptures. And ascended into heaven, and sitteth at the right hand of the Father. And He shall come again with glory to judge the living and the dead, Whose Kingdom shall have no end. And I believe in the Holy Spirit, the Lord, and Giver of Life, Who proceedeth from the Father, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe in One Holy Catholic and Apostolic Church. I acknowledge one Baptism for the remission of sins. I look for the Resurrection of the dead, and the life of the world to come. Amen.

THE LORD'S PRAYER

(In English and Phonetic Arabic)

Our Father who art in heaven, Hallowed be thy Name. Thy Kingdom come.

Thy will be done on earth as it is in heaven; Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us, And lead us not into temptation but deliver us from the evil one.

A-BA-NAL LA-THEE FIS-SA-MA-WAT; LEE-YA-TA-KAD-DAS IS-MUK; LEE-YA'-TEE MA-LA-KU-TUK; LEE-TA-KUN MA-SHEE-A-TUK; KA-MA FES-SA-MA' KA-THA-LEE-KA AA-LAL ARD; KHUB-ZA-NAL JOW-HA-REE AA-TEE-NAL YAWM WAT-RUK LA-NA MA AA-LAY-NA; KA-MA NAT-RU-KU NAH-NU LEE-MAN LA-NA AA-LAY; WA-LA TUD-KHIL-NA FEE TAJ-RI-BAH; LA-KIN NAJ-JEE-NA MIN-ASH SHIR-REAR

PRAYER BEFORE HOLY COMMUNION

I believe, O Lord, and I confess that thou art truly the Christ, the Son of the living God, who didst come into the world to save sinners, of whom I am chief. And I believe that this is truly thine own immaculate Body, and that this is truly thine own precious Blood. Wherefore I pray thee, have mercy upon me and forgive my transgressions, both voluntary and involuntary, of word and of deed of knowledge and of ignorance; and make me worthy to partake without condemnation of thine immaculate Mysteries, unto remission of my sins and unto life everlasting. Amen

Of thy Mystic Supper, O Son of God, accept me today as a communicant; for I will not speak of thy Mystery to thine enemies, neither will I give thee a kiss as did Judas; but like the thief will I confess thee: remember me, O Lord, in thy Kingdom.

Not unto judgement nor unto condemnation, be my partaking of thy Holy Mysteries, O Lord, but unto the healing of soul and body.